

## PREZ SEZ

by Kara Maytag-Kaszas

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READ ALL ABOUT IT!



The feel of fall is definitely in the air! Since the last *Heartbeat* edition, the Heartland Standard Schnauzer Club of the Greater Twin Cities put on a successful 2011 Regional Specialty. I want to sincerely thank all of those involved in the planning and execution of the weekend events to make it such a positive experience. I received a lot of good feedback and the ceramic tiles for the prizes were a big hit. We have already started the planning for the 2012 Regional Specialty to help make next year's event even more exciting!

Look in this edition for details on a canine massage workshop that we have finalized. Schedule conflicts plagued us for this event, but we finally have it solidified. For those of us involved in performance events, we have been exposed to canine massage. In this workshop, Michelle Bame will teach us some basic massage techniques to use for relaxation and general well-being.

Enjoy the beautiful fall weather...hopefully it will hold out for our annual walk around Lake Harriet!

Best Regards,

Kara Maytag-Kaszas

## Wags & Brags



Our newest champion is Maddie aka Ch. Von Hoedl's Madison owned by Gretchen Tusler Castle and being shown here at the Mason City dog show by SuzAnne Garcia.

Maddie received a 5 point Major on Saturday, October 15th and a 5 point Major on Sunday, October 16th. She also got a group 4 on Sunday.

**She completed her  
Championship!!!!  
Nicely done!!!!**

## ***2011 Board of Directors, etc.***

**President:** Kara Maytag-Kaszas

**Directors:** Kelli Mullett & Roger Eriksen

**Vice President:** Pam Ziegenhagen

**Newsletter Editor:** Roger Eriksen

**Secretary:** Marjana Callery

**Contributing Editor:** Judi Hornbacher

**Treasurer:** George Huddle

**Web Graphics:** Kara Maytag-Kaszas

Visit our Website: [www.heartlandstandardschnauzer.org](http://www.heartlandstandardschnauzer.org)

E-mail addresses of all club officials are on the website.

Please contact any or all officers with your comments or suggestions.



## **AKC Breeder's Symposium at the U of M**

The AKC Canine Health Foundation announces that a canine breeder's symposium will be presented by the American Kennel Club and the AKC Canine Health Foundation. Targeted for novice and expert breeders alike, the Breeders Symposium is an ideal venue in which to learn about sound breeding practices and the advances in genetic health tests that lead to healthier dogs. Saturday, November 5, 2011.

### **Address:**

University of Minnesota College of Veterinary Medicine  
Pomeroy Student Learning Building  
1964 Fitch Avenue  
St. Paul, MN 55108

Parking is available on weekends in Lot S 104 for \$6.00 per day.

Registration fee of \$95.00 is non-refundable

### **Speakers and topics:**

- \*Genetics of Breeding – Dr. Jerry Bell, DVM
- \*Cesarean Section and Neonate Resuscitation – Dr. Peggy Root, DVM, PhD, DACT
- \*Grooming from the Inside – Dr. Deborah Greco, DVM, PhD, DACVIM
- \*Gait Analysis: Facts and Fiction - Dr. Michael Conzemius, DVM, PhD, DACVS
- \*Oncology – Dr. Jaime Modiano, VMD-PhD
- \*Inflammatory Bowel Disease - Dr. Michelle Ritt, DVM, DACVIM
- \*Urinary and Kidney Canine Health - Eva Furrow, VMD, DACVIM

### **Register Here:**

<http://support.caninehealthfoundation.org/site/Calendar?id=100181&view=Detail>

## HSSC Business

The first order of business at our general membership meeting coming up in January is the election of club officers and board members for 2012. A nominating committee is now forming to put forth a slate of candidates for these offices.

Vice President Pam Ziegenhagen will chair the committee and is seeking other members to join her. Being on the committee is a way for you to perhaps influence the direction of the club by suggesting a candidate that you think would make a positive contribution. Please contact Pam to indicate your willingness to support our club's democratic process via e-mail at [vp@heartlandstandardschnauzer.org](mailto:vp@heartlandstandardschnauzer.org).

**THANK YOU!**



## Wagg'en & Bragg'en Rights

We would love to recognize all the wonderful milestones you and your Standard Schnauzer accomplish! Not only to promote what has been accomplished, but to also know our members better and most importantly, about your SS. Did you recently finish an obedience class? Earn points toward you CH? Share your first impressions of starting agility or rally? Anything you wish the rest of the club to be able to share? We would love to hear about it! Send us the information and we will include it in the next newsletter edition.

Feel free to email pictures of yourself with your Schnauzer (or just your dog if you are camera shy) and it will be added, too. Good luck!

# Canine Massage Therapy Hands-On Workshop

Heartland Standard Schnauzer Club will be hosting a canine massage therapy workshop for you and your dog on Thursday Nov 10, 2011. Michelle Bame, CSMT, will introduce the basic massage techniques, how to warm up/cool down our dogs for activity and a basic stretching routine will be demonstrated. This will be an interactive session so bring your dog to practice the techniques.



- ★ Cost will be \$10 for HSSC members; \$20 for non-members.
- ★ Workshop will start at 7pm and be held at the home of Kara Maytag. Address is 14610 43<sup>rd</sup> Ave N in Plymouth, MN. Telephone 763-383-8486.
- ★ Workshop size is limited to 10 participants so please email [president@heartlandstandardschnauzer.org](mailto:president@heartlandstandardschnauzer.org) to **reserve a spot** or call Kara at the number listed above.

## A Brief Introduction to Canine Massage Therapy

By Kara Maytag-Kaszas

Massage therapy has been around for centuries and is one of the oldest healing arts. Chinese records dating back to 2700 BC document its use. The practice of massage involves the manipulation of the body's soft tissue with pressure. The benefits of massage are numerous. It is an accepted part of many physical rehabilitation programs and has proven beneficial for many chronic conditions including low back pain, arthritis, fatigue, high blood pressure, diabetes, immunity suppression, infertility, depression and many more. And it is hard to argue with the pure stress and tension relief that one experiences during a massage! Canine massage started when humans transferred massage therapy techniques that worked on them to their animals. Early Egyptian hieroglyphics depicted animal healers using massage techniques. The widespread use of animal massage in today's society is attributed to Jack Meaher, a physical and massage therapist who popularized the art of sports massage. Jack began working with race and show horses in the 1970's. Canine massage grew in popularity as the public was exposed to the benefits of equine massage.

Canine massage can be used for relaxation, rehabilitation or training/competition purposes. The physiological effects of canine massage include:

- |   |   |
|---|---|
| ➡ Improved circulation                        | ➡ Endorphin release                                       |
| ➡ Increased toxin excretion                   | ➡ Relaxation and tension relief                           |
| ➡ Reduced stiffness                           | ➡ Injury prevention by increasing range of motion         |
| ➡ Improved athletic performance and endurance | ➡ Posture maintenance and balance                         |
| ➡ Improved mental focus                       | ➡ Healthy skin and coat by distributing natural body oils |

Those that are involved in performance activities with their canines may want to consider the positive impacts of canine massage. At many trials and events, you can find a canine massage therapist. You may also want to check out the upcoming massage therapy workshop sponsored by Heartland Standard Schnauzer Club where you can learn how to perform some of the basic techniques. I am sure your SS would love you for it!

# Performance Corner

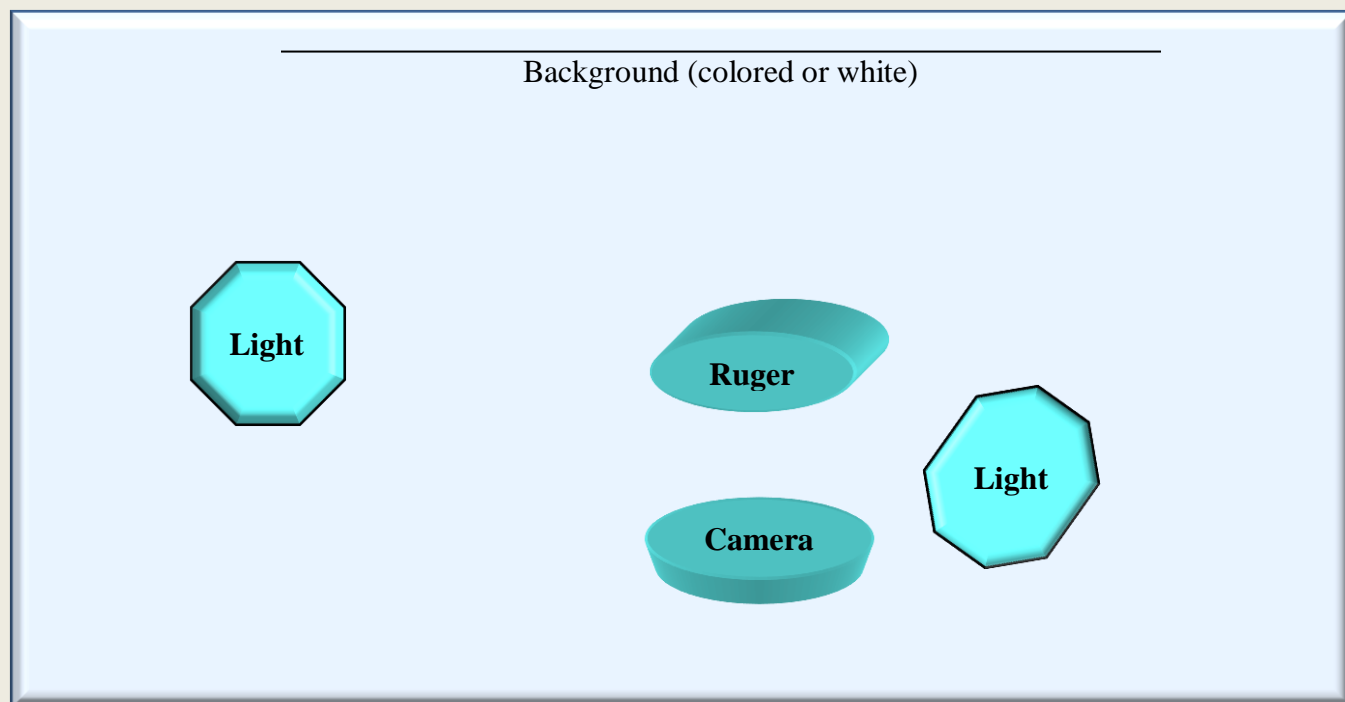
By Roger Eriksen

This column will address your performance, not that of your SS. We will detail some of the photo techniques used in photographing Ruger which we hope will be valuable with your own attempts at shooting some new photos of your Schnauzer. Few tools or props are required; however some sort of basic photo editing software will be very helpful in cropping out unwanted portions of the picture. The camera used here is simply a 'point & shoot' cheapo digital camera.

The photo of Ruger was taken in our garage with the open overhead door behind the camera position on a rather overcast day. The background may as well have been a white bed sheet draped over anything for support. The sheet appears grey rather than white because of the distance from the light source.

It was about 8' behind the subject and curved down along the floor. A portion of the bare garage floor showed in the original shot, but was easily cropped out. Remember to maintain the proportions of the photo so that it will print out correctly to standard enlargement dimensions when cropped.

This photo was taken using the flash on the camera, but additional lighting was also used. Try both ways, with and without, the 'fill flash' to see which you prefer. A 'shop light' with a 12" reflector was clamped onto the back of a chair to the right side at a 45 degree angle and pointed downward slightly. It contained an equivalent of a 100 watt daylight fluorescent 'curly' type bulb. Another similar light was shown at a distance a bit further away onto the subject from the left. At the very least, the lights helped flatten the background so there would be no distracting shadows.



With some patience and practice, you will have some great new photos of your S.S. to enjoy and perhaps share with the rest of the club in this newsletter.

*Continued on page 6*





Of course to obtain a full body shot such as this, the background material must be large enough for the dog to be positioned lying on top of it and having it extend out of the shot in the foreground. This could be positioned on the floor or elevated on a grooming table for instance. The lighting setup remains the same as before, but the subject may have to be slightly closer to the background because of the additional length of material needed.

Obedying a “sit stay” and “down stay” while being baited with treats to attract the subject’s focus and change the head angle is a huge help.

Again with this shot, the sides and front edge of the background were visible in the original shot and required cropping to eliminate them. If, after the shot is taken, you can adjust the brightness, contrast, color and cropping of the image, you will be rewarded with a great photo.

Many great pictures are taken in a more casual setting using existing light without a flash. Just remember that the ‘catch light’ in the subject’s eyes adds that sparkle that brings the shot to life. So even if your subject is not doing too well on their stay commands, they can have the occasional expression that you wish you had captured.

Position your subject near a window with bright, but not direct light coming through. Other room lights also help. Turn off your camera’s flash and shoot some casual shots of your buddy, be they canine or not. This one is still working on her “sit/stays” but she has ‘totally cute’ down pat!

A perfect location would be if you happen to have a couch near a window where your pup likes to watch the squirrels or neighborhood kids. Get in close to your subject or zoom in for a nice tight shot of the head and shoulders (or oatmeal on the chin as it were).



A spare blue blanket or drapery works as a background and leaving it in the distance will produce a nearly black background while moving it a bit closer and adding additional light will bring out its color. Experiment and have fun. In the old days, film & processing were expensive. No longer!!



## Upcoming Events

The **HSSC annual dog walk** is scheduled for Sunday, October 30 at 10:30 am.  
The 4<sup>th</sup> qtr. **general membership meeting** will be held immediately thereafter.

As usual, we plan to stroll around Lake Harriet starting and finishing at the Lake Harriet Bandshell, West Lake Harriet Parkway, Minneapolis, MN. Let's all hope for decent weather and count on having a great time. Refreshments will be provided part way thru the walk for dogs and participants alike.

Once back at the parking lot/bandshell area and our dogs are attended to, our last general membership meeting of 2011 will convene. Please contact President Kara Maytag-Kaszas with any issues or topics you may wish to have included in the agenda at [president@heartlandstandardschnauzer.org](mailto:president@heartlandstandardschnauzer.org).



## Local Resources

**Animal Inn Training School** is on the East side of town. Check out their webpage at [www.animalinntraining.com/](http://www.animalinntraining.com/) for the details on all levels of training classes. Confirmation classes are usually held on Tuesdays.

**C & E Dog Training Center:** Check out their web page and class schedule for puppy, beginning obedience, advanced obedience, intermediate, novice, pre-open/open, utility, rally, agility as well as conformation classes at [www.cedogtraining.com/schedule.html](http://www.cedogtraining.com/schedule.html)

**St. Paul Dog Training Club** holds obedience run through for practice for trials typically on Friday evenings at 6:00 PM. Fee is \$7.00 for the first dog and walk-ins are welcome. Check their calendar at [www.spdte.com](http://www.spdte.com).

**Total Recall**, Check out the info at their newly redesigned web site at <http://trdogs.com>. All levels of classes in obedience, agility, rally, tricks and therapy are available.

**Dog Works** in Eden Prairie, for details see [www.dogworksinc.com](http://www.dogworksinc.com). Dog Works also offers confirmation run thrus on Monday evenings at 7:30 for \$6.00 a session and walk ins are welcome.

**Bloomington Obedience Training Club** offers confirmation classes on Wednesday evenings at 8:15 for \$5.00. For more information visit [www.botcmn.org](http://www.botcmn.org). Walk ins are also welcome as non-club members in Novice, Open and Utility classes for \$8.00 per session. All classes are held on Tuesday evenings with both Novice and Open starting at 7:00 PM and Utility at 8:00 PM.

Both confirmation classes as well as several levels of obedience training classes are available at **Tails Up Dog Training** in Burnsville. Visit [www.tailsupdogtraining.com](http://www.tailsupdogtraining.com) for the scoop on what's happening.

**TCOTC** – Seems there is always something going on so check out [www.tcotc.com](http://www.tcotc.com).

# **Minnesota Responsible Dog Ownership Day**

## **Lake Elmo, MN**

*By Pat Cunningham, St. Croix Valley Kennel Club*

The third annual Minnesota Responsible Dog Ownership Day and AKC Canine Experience were held on Saturday, September 10<sup>th</sup>, 2011 at the Washington County Fairgrounds in Lake Elmo, MN. The day was proclaimed to be "Responsible Dog Ownership Day" in the State of Minnesota by Governor Mark Dayton, a fellow dog fancier and owner of two German Shepard dogs. The event was hosted by a group 37 AKC All-breed, Group, Specialty Clubs from across Minnesota and the Washington County 4-H Dog Project on a picture perfect fall day in Minnesota.

The event featured a family friendly format with a wide variety of activities including conformation, obedience and rally lessons from experienced instructors, agility practice courtesy of the Washington County 4-H, weight pull, carting, meet the breed, the ever popular ask the groomer and a no cost match in the afternoon. We offered free Canine Good Citizen evaluation and low cost Therapy Dog International testing to the public with 28 of 30 CGC participants and 20 of 20 Therapy Dog International participants earn their designations. The Stillwater Veterinary Clinic staffed a low cost microchip clinic and \$5.00 from each of the 38 chip sold was donated to the "Three Day Breast Cancer Walk".

The concession stand was run by the parents of the Animal Inn Junior Showmanship group and all the net proceeds were donated to their scholarship fund. The match drew a combined entry of 106, which was a record entry for the afternoon match. Many people seemed to be putting the morning's lessons to practical use by trying the match and many first time exhibitors did well in all four of the venues.

This was the largest event ever for this group and the major increase in attendance was due in part to the generous donation of the Minneapolis Kennel Club of a Media Consult to coordinate publicity, including newspaper, radio, and television exposure.

I would like to thank all the clubs and volunteers that made this year's event such a success and I am hoping for a bigger and better event in 2012.

There are 150 photos for the event available on this website under St. Croix Valley Hosts RDOD 2011 for proper credit to Karl Reimer photos: <http://reimerphoto.com/>



# 'Bone' Appetit

Recipe courtesy of [www.dogtreatrecipes.org](http://www.dogtreatrecipes.org)



## Peanut Butter Puppy Biscuits

### Ingredients:

2 cups whole wheat flour  
1 TBSP baking powder  
1 cup peanut butter (smooth only, please)  
1 cup milk  
1/2 cup oatmeal

### Directions:

Start by preheating your oven to 375 degrees and lightly greasing a baking or pizza pan.

In a medium mixing bowl, add the flour, baking powder and oatmeal. Once that's mixed, add the peanut butter and milk. Stir it together until a dough forms.

Turn the dough out onto a lightly floured surface, knead it and then roll it out until it's about a 1/4" thick. Break out your cute bone-shaped cookie cutters or a pizza cutter and cut the dough into the desired size and shape.

Bake those on the lightly greased baking pan and cook for about 20 minutes or until they're golden brown.

Once cool, let your favorite pup enjoy before storing them in an airtight jar (or sealable freezer bag).

*Hoping to see all of you at the **Dog Walk & General Membership meeting** on the 30<sup>th</sup> of this month. As long as you are thinking of it right now, why not shoot an email over*

*to Kara if you want to add something on the agenda. And since you are sending email messages, how about serving on the nominating committee with Pam? Thanks!!*

# HAPPY HALLOWEEN!

Each issue of **The Heartbeat** newsletter is a means for the club to communicate, inform and hopefully, entertain the readership. All club members are invited to submit articles, photos, editorials or simply your comments on the dog related news items and happenings that you wish to share.

"Letters to the editor" and op-ed pieces are your 'take' on what is important to you that you feel the club members should be aware.